



FUNCTIONAL TRAINING

MULTIPLE, PRACTICAL
AND ENGAGING.



FUNCTIONAL TRAINING FEATURES



LIMITLESS WORKOUTS

A functional training station is simply one piece of fitness equipment that provides limitless workouts for both groups and individuals. It offers choice and diversity for beginners through to athletes looking for sports specific training to total body workouts.



MULTIPLE ATTACHMENTS

More than 18 attachment options are available to ensure a challenging, fun and total body workout is achieved. Attachments include monkey bars, battling ropes, vertical resistance slide system, snake legs, farmers pull and Bosu rebounder.



SUITABLE FOR ALL SPACES

Pulse can supply a bespoke functional training solution to fit into the biggest or smallest of spaces, making it a cost effective way of getting the most from your training area.



EASY TO USE & SECURE ATTACHMENTS

Members, personal trainers and gym staff will easily be able to swap and change the many attachments with the quick release feature. The 'locked-in' design feature reassures members the attachment is secure & safe to use for training.



RETURN ON INVESTMENT

Functional training apparatus is a great way to engage new and existing members, singularly or as a new group class, plus it is ideal for personal training sessions, all offering you the operator an additional revenue source.



SAFE & SECURE ANCHOR POINTS

Dependent on the model chosen, anchor points will be positioned to attach to the floor, wall or ceiling. Regardless of their position they will withstand the daily rigours of a busy gym environment to ensure optimum user safety.



COLOUR OPTIONS

The frame is available in a range of colours to complement your gym colour scheme and brand.



MULTI POSITION LEGS

Change height, position, location and structure of your functional training circuit with multi-position flexible legs.



A FUNCTIONAL SOLUTION FOR ANY GYM SPACE

Pulse can supply a bespoke functional training solution to fit into the biggest or smallest of spaces, making it a cost effective way of getting the most from your training area.



FUNCTIONAL TRAINING EQUIPMENT



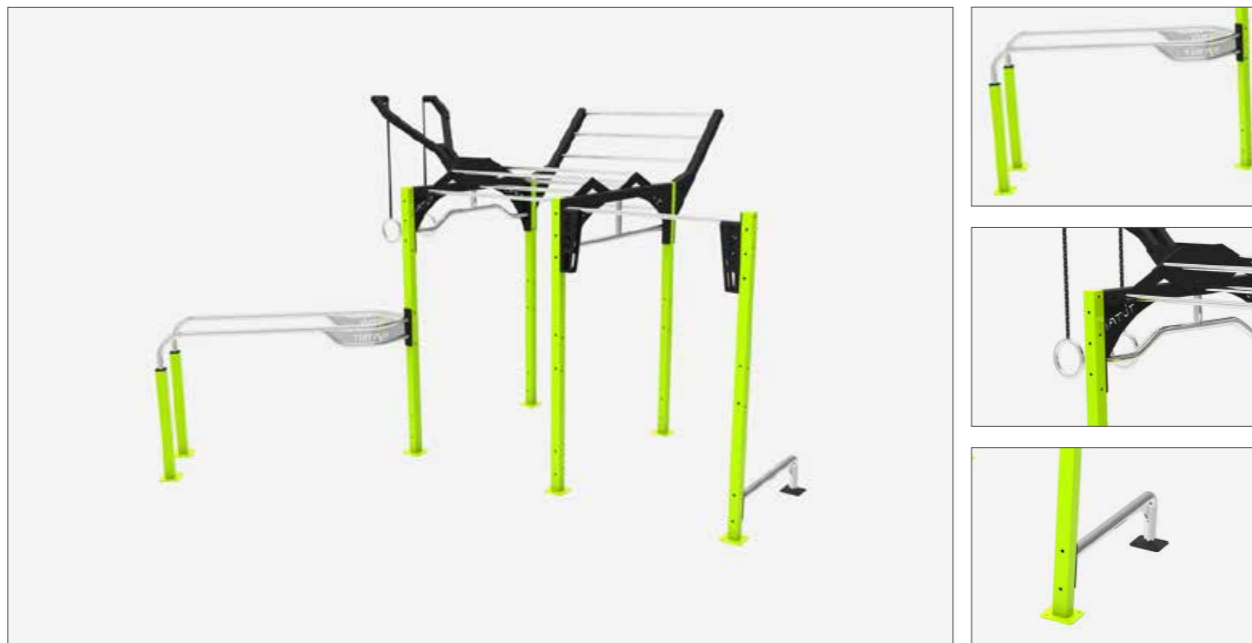
SFS 001 Street fitness

2 x parallel bars, rings, 45° ladder, side bottom bar. Dimensions - 3500 x 4400mm. Install space - 5500 x 7000mm.



SFS 003 Street Fitness

Parallel bars, rings, 45° ladder, hand stand. Dimensions - 5000 x 4400mm. Install space - 7000 x 7000mm.



SFS 002 Street Fitness

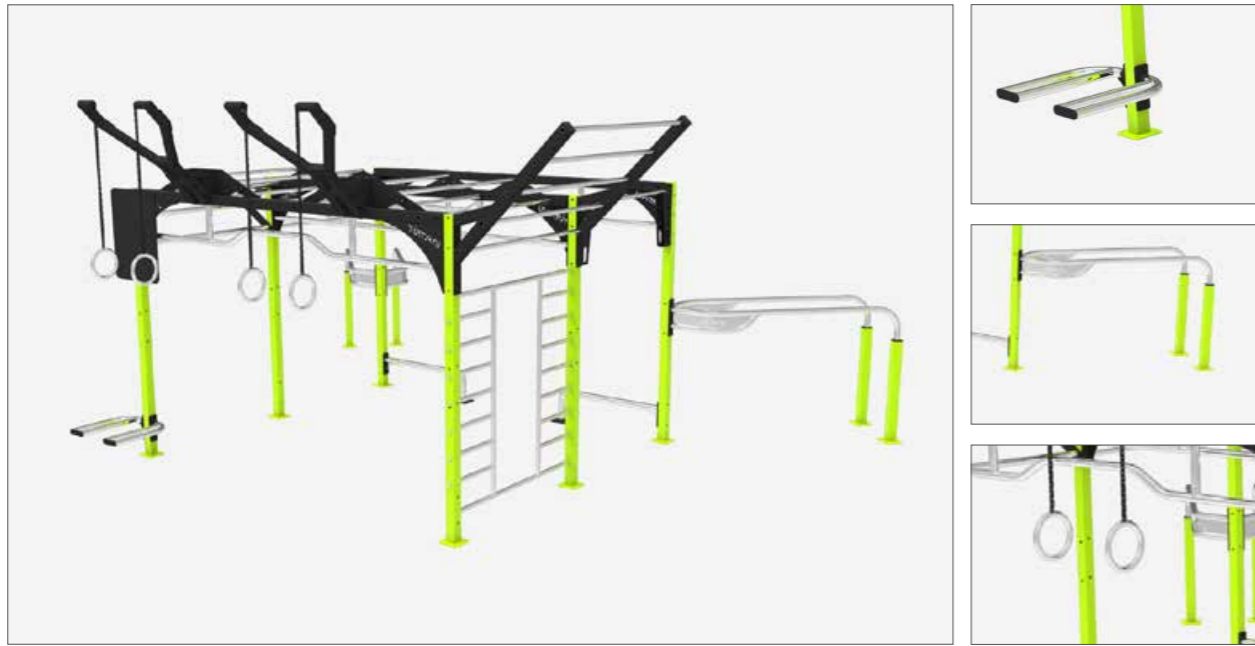
2 x parallel bars, Rings, 45° ladder, side bottom bar. Dimensions - 3500 x 4400mm. Install space - 5500 x 7000mm.



SFS 006 Street Fitness

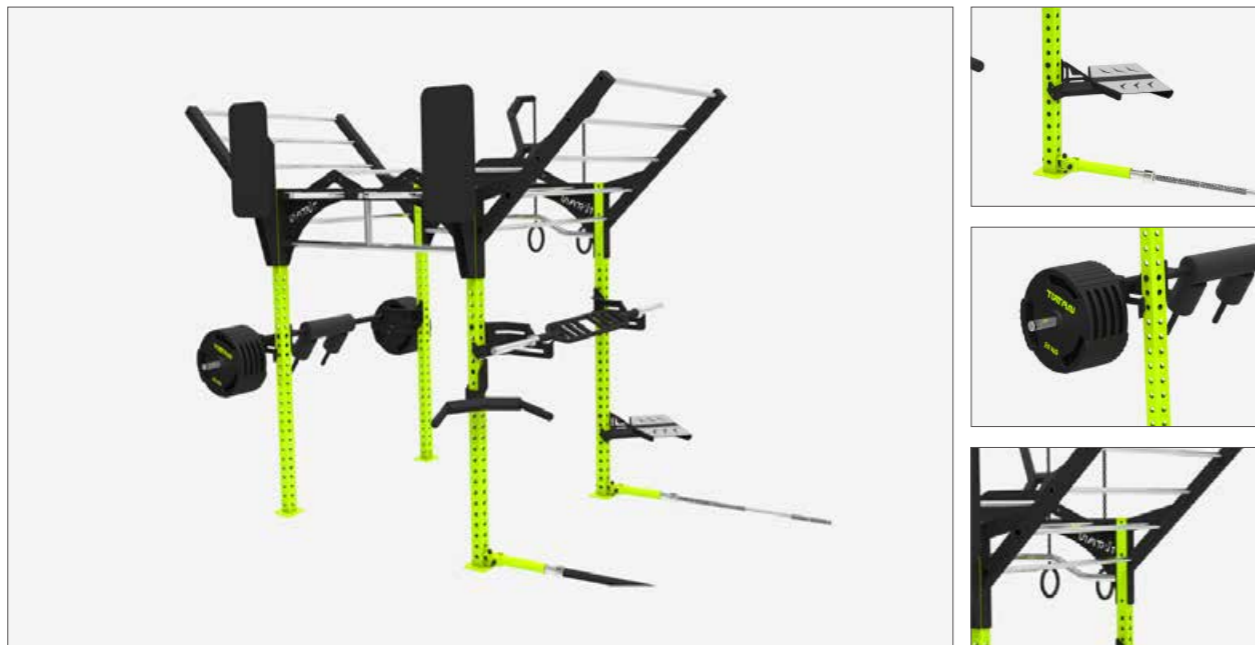
Hand stand, rings, 45° ladder, big beam. Dimensions - 4000 x 2000mm. Install space - 6000 x 5000mm.





SFS 008 Street Fitness

2 x parallel bars, 2 x rings, 45° ladder, hand stand. Dimensions - 6000 x 6000mm. Install space - 8000 x 8000mm.



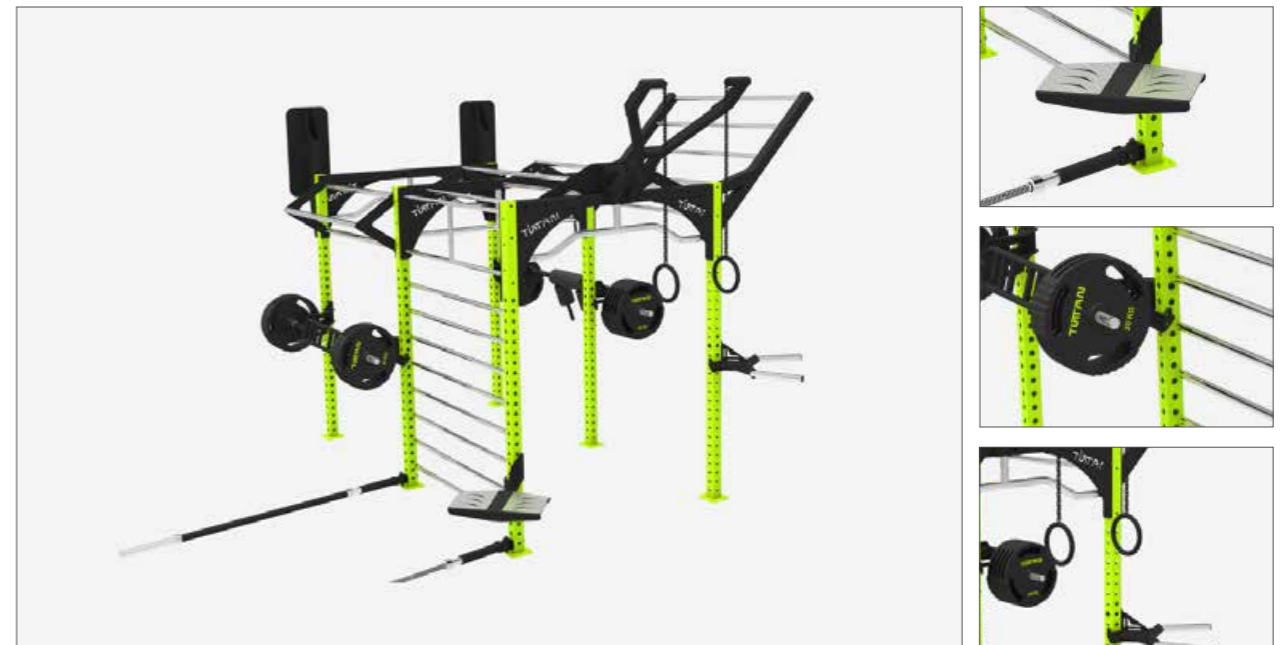
XFS 006 Small Beam

Step up platform, rings, 45° ladder, landmine. Dimensions - 3500 x 2500mm. Install space - 6000 x 5000mm.



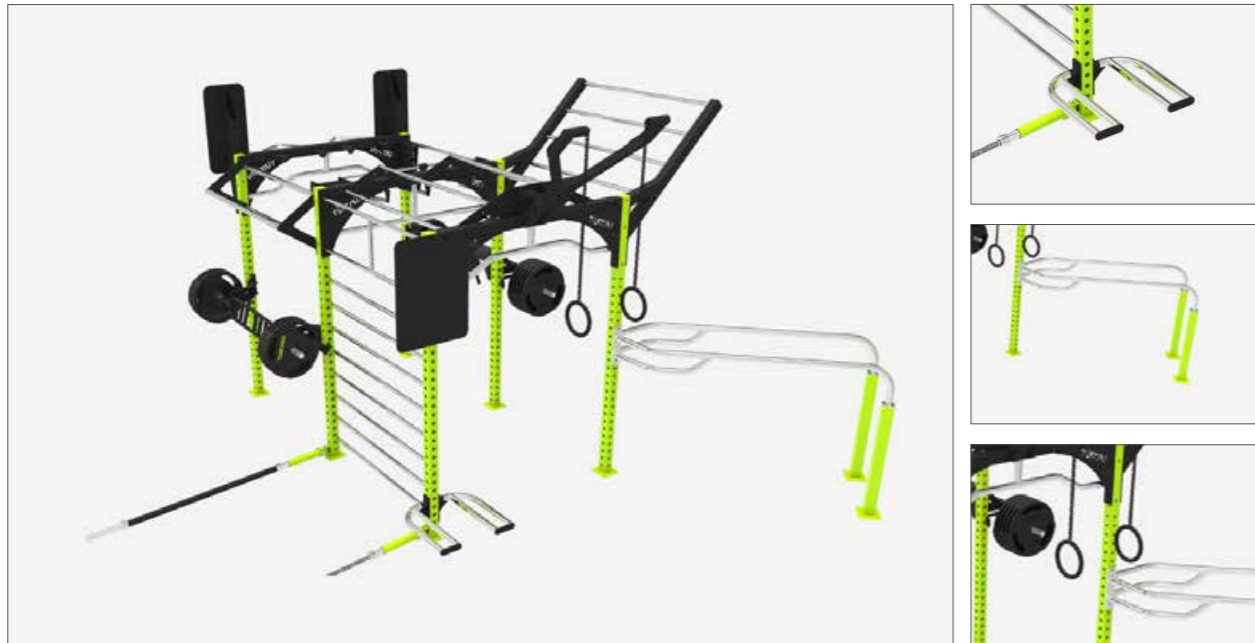
XFS 007 Small Beam

Step up platform, rings, 45° ladder, landmine. Dimensions - 3500 x 2500mm. Install space - 6000 x 5000mm.



XFS 008 Small Beam

Step up platform, 2 x plate loaded, 45° ladder, small parallel bars. Dimensions - 4000 x 2500mm. Install space - 7000 x 5000mm.



XFS 009 Small Beam

Handstand, rings, 45° ladder, parallel bars. Dimensions - 6000 x 4000mm. Install space - 8000 x 6000mm.



XFS 011 Small Beam

Sliding handles, multifunctional bars, swedish wall, plate loaded. Dimensions - 10,000 x 3000mm. Install space - 13,000 x 6000mm.



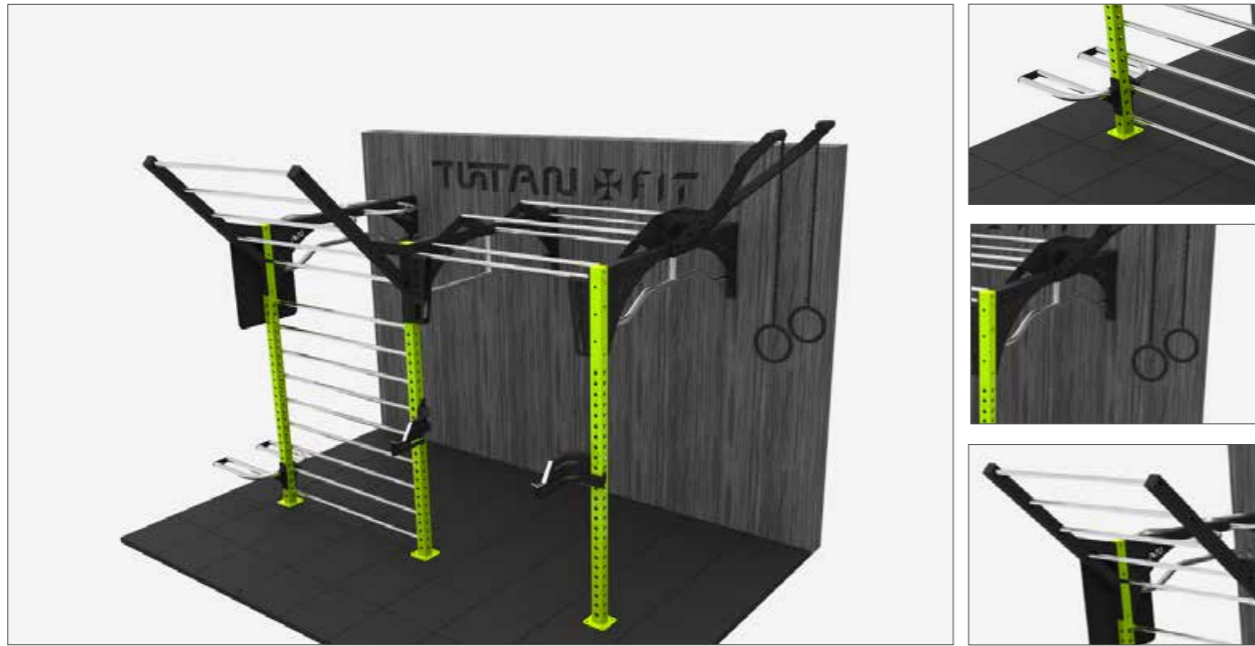
XFS 010 Small Beam

Sliding handles, multifunctional bars, swedish wall, plate loaded. Dimensions - 5000 x 2500mm. Install space - 7000 x 5000mm.



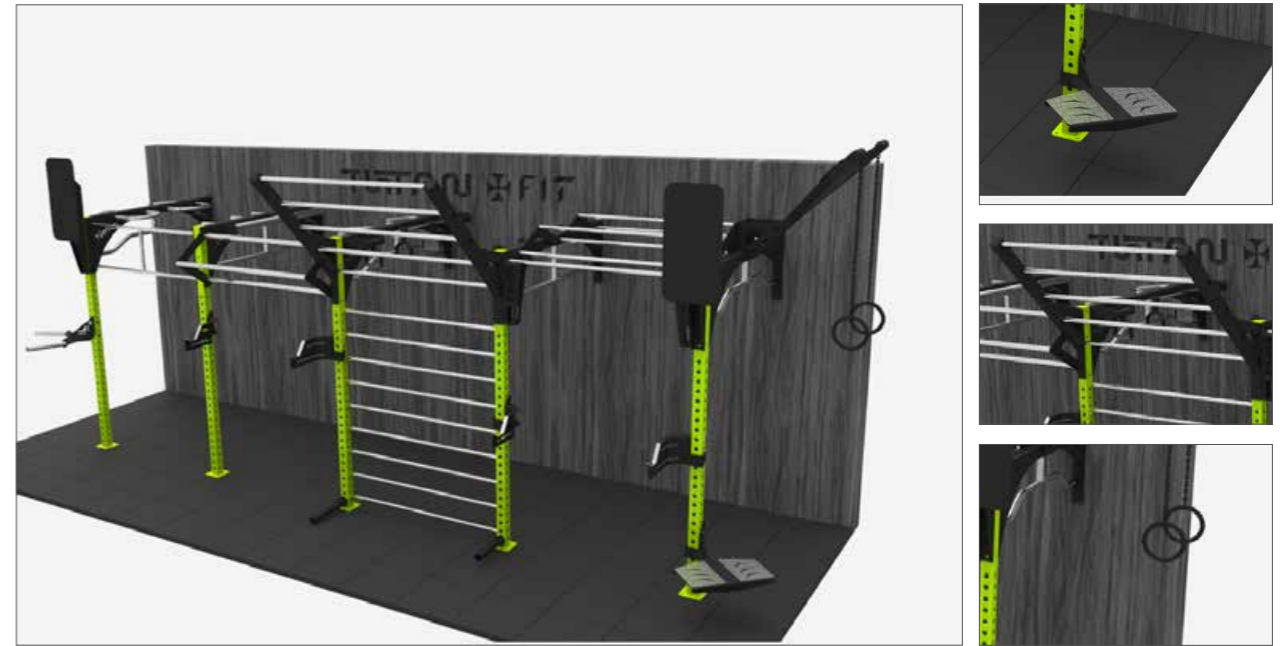
XFW 001 Wall Mount

Sliding handles, 2 x rings, 45° ladder, monkey bars. Dimensions - 17,000 x 1800mm. Install space - 4000 x 3000mm.



XFW 002 Wall Mount

2 x step up platform, 2 x rings, 45° ladder, monkey bars. Dimensions - 4000 x 2300mm. Install space - 7000 x 4000mm.



XFW 004 Small Beam

2 x step up platform, 2 x rings, 45° ladder, monkey bars. Dimensions - 7000 x 2300mm. Install space - 10,000 x 4000mm.



XFW 003 Wall Mount

2 x step up platform, triangle bars, 45° ladder, monkey bars. Dimensions - 5500 x 2300mm. Install space - 8000 x 4000mm.



XFW 005 Wall Mount

2 x step up platform, 2 x rings, 45° ladder, monkey bars. Dimensions - 10,000 x 2300mm. Install space - 13,000 x 4000mm.



XFB 012 Big Beam

Step up platform, 2 x rings, 45° ladder, monkey bars. Dimensions - 6000 x 2500mm. Install space - 8000 x 5000mm.



XFB 013 Big Beam

Parallel bars, 2 x rings, 45° ladder, sliding handles. Dimensions - 7000 x 5000mm. Install space - 9000 x 7000mm.



FUNCTIONAL TRAINING RIG ACCESSORIES



45° Ladders



Rings



Parallel Bars



Double Pull Up Bars



Single Pull Up Bars



Bars with Balls



Multifunctional Bars



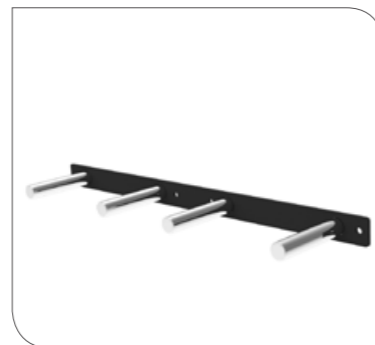
Side Bottom Bar



Triangle Bars



Fat bar



Parallel Pull Up bars



'S' Bars



Big Beam



Small Beam



Monkey Bars



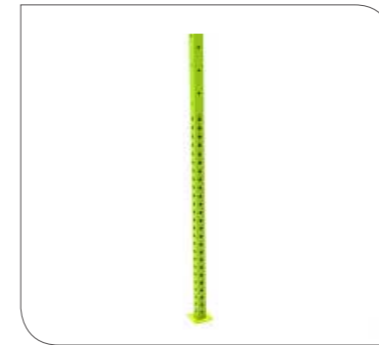
Small Parallel Bars



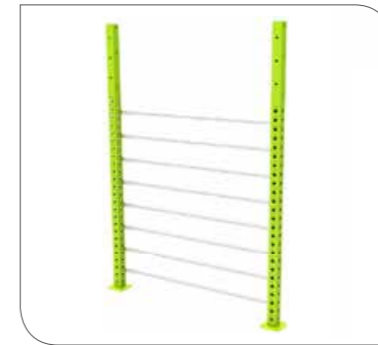
Step Up Platform



Landmine



Numbered Column



Swedish Wall



Yoke



Parallel Bars



Battle Rope



Dip Station



Jump Boxes



Power Sled



Adjustable Bench

